

National Education Policy- 2020(2024)

**Common Minimum Syllabus for Uttarakhand State
University and Colleges
Four Year Undergraduate Program -FYUP/ Honors
Program /Master in Arts**

**PROPOSED STRUCTURE FOR FYUP/MASTER'S
PSYCHOLOGY**

DEPARTMENT OF PSYCHOLOGY

Expert committee

S.No	Name & Designation	
1.	Prof. D.S. Rawat Vice-Chancellor, Kumaun University ,Nainital	Chairman
2.	Prof. P.S.Bisht Ex Dean, Faculty Of Arts, (Retired on 28-2-25) Kumaun University , Nainital	Convener
3.	Prof. Rajnish Pande Dean, Faculty Of Arts, Kumaun University , Nainital	Convener
4.	Prof. Rashmi Pant HOD, Department of Psychology , I.P.Govt. Mahila PG College of Commerce, Haldwani	CO-Convener

Syllabus Preparation Committee

S. No.	Name	Designation	Department	Affiliation
1	Prof. Rashmi Pant	Professor & Head	Department of Psychology	I.P.Govt. Mahila PG College of Commerce, Haldwani
2	Prof. Aneeta Joshi	Professor & Head	Department of Psychology	PNG Govt. P.G. College, Ramnagar
3	Dr . Rekha Joshi	Assistant professor	Department of Psychology	Govt P.G College Lohaghat

SYLLABUS EXTERNAL REVIEWING EXPERT COMMITTEE

S. No.	Name	Designation	Department	Affiliation
1	Prof. Preeti Pant	Professor	Department of Psychology	Gargi College, Delhi University, New Delhi
2	Prof. Vijendra k. Pandey	Professor	Department of Psychology	S.S.B.S. Central University ,Karnataka(Kalaburgi).
3	Dr. Kavita Pandey	Asst. Professor	Department of Psychology	Mahila Mahavidhalaya ,B.H.U. Vanarasi,Uttar Pradesh
4	Dr. Shail Shankar	Asst. Professor	Department of Humanistic Studies,	IIT,B.H.U.,Vanarasi ,Uttar Pradesh

Internal Expert Committee

S. No.	Name	Designation	Department	Affiliation
1	Prof. Madhulata Nayal	Professor & Head	Department of Psychology	S.S.J.University,Almora
2	Prof. R.K.Mishra	Professor	Department of Psychology	M.B.G. P.G. College ,Haldwani
2	Prof. Deepa Verma	Professor & Head	Department of Psychology	S.B.S.P.G.College,Rudrapur
3	Dr. Savita K. Tiwari	Asso. Professor	Department of Psychology	Govt. Degree College, Bhupatwala, Haridwar
4	Prof. Kamla D. Bharadwaj	Professor & Head	Department of Psychology	Govt. Degree College, Someshwar
5	Prof Ritu Mittal	Professor & Head	Department of Psychology	M.B.G. P.G. College ,Haldwani
6	Dr Kiran karnataka	Assistant professor	Department of Psychology	M.B.G. P.G. College ,Haldwani
7	Dr. Poonam Pandey	Assistant Professor	Department of Psychology	S.D.M.G.PG.College,Doiwala
8	Dr Renu Jalal	Assistant Professor	Department of Psychology	M.B.G. P.G. College, Haldwani
9	Dr Gurpreet Singh	Assistant Professor	Department of Psychology	PNG Govt P.G college Ramnagar
10	Dr. Dev Ashish	Assistant Professor	Department of Psychology	PNG Govt P.G college Ramnagar

List of Papers (DSC, DSE, GE) with Semester Wise Titles for 'Psychology'					
Year	Semester	Course	Paper Title	Theory/Practical	Credits
<u>Certificate Course in Psychology</u>					
First Year	I	DSC	Basic Psychological Processes – I	Theory	03
		PRACTICAL	Lab work/ Psychological Test	Practical	01
		GE	Sports Psychology	Theory	04
	II	DSC	Basic Psychological Processes – II	Theory	03
		PRACTICAL	Lab Work/ Psychological Test	Practical	01
		GE	Psychology for everyday Life	Theory	04

NOTE- As per the suggestion of External expert committee In the 1st semester sports psychology has been introduced in place of the GE paper foundation of psychology.

<u>Diploma in Psychology</u>					
Second Year	III	DSC	Social Psychology	Theory	03
		PRACTICAL	Lab work/ Psychological Test	Practical	01
		DSE	Stress management	Theory	04
		GE	AI and psychology	Theory	04
	IV	DSC	Psychopathology	Theory	03
		PRACTICAL	Lab Work/ Psychological Test	Practical	01
		DSE	Approaches of Counseling	Theory	04
		GE	Health and Well Being	Theory	04

NOTE- As per the suggestion of External expert committee In the semester 3rd DSC paper Approaches of Counselling has been replaced with the semester 4th DSE Paper Stress Management.

In the semester 3rd GE paper stress and health : psychological perspective has been replaced with AI and psychology

Bachelor of Arts in Psychology					
Third Year	V	DSC	Psychological Assessment	Theory	03
		PRACTICAL	Lab Work/ Psychological Test	Practical	01
		DSE	Positive Psychology	Theory	04
		GE	Environmental Psychology	Theory	04
		APPLIED PROJECT	Project related to different fields of psychology	Applied Project	06
	VI	DSC	Basics of statistics in psychology	Theory	03
		PRACTICAL	Lab Work/ Psychological Test	Theory	04
		DSE	Fundamentals of Research Methodology	Practical	01
		GE	Cyber psychology	Theory	04
		APPLIED PROJECT	Project related to different fields of psychology	Practical	06

Note – As per the suggestion of External expert committee In semester 5th the DSC paper has been set as psychological assessment and in semester 6th DSC paper industrial psychology has been changed to Basics of statistics in psychology
 Additionally Industrial and organizational psychology from semester 6th DSC paper has been replaced with semester 8th GE paper community and health psychology.
 Along with this the semester 6th GE paper understanding mental disorder has been replaced with cyber psychology

<u>Bachelor of Psychology with Honors</u>					
Fourth Year	VII	DSC	Psychology of Learning and Memory Processes	Theory	03
		PRACTICAL	Lab Work/ Practical	Practical	01
		DSE	Research Methodology- I	Theory	04
		DSE	Fundamental of Statistics	Theory	04
		DSE	Psychiatric perspective on disaster trauma	Theory	04
		GE	Contemporary Issues of Social Psychology	Theory	04
		GE	Educational Psychology	Theory	04
			Dissertation	Applied Project	06
	VIII	DSC	Psychology of Cognitive and Affective Processes	Theory	03
		PRACTICAL	Lab Work/ Practical	Practical	01
		DSE	Applied comprehensive program in psychological research	Theory	04
		DSE	Applications of Statistics in Psychology	Theory	04
		DSE	Psychology of crowd	Theory	04
		GE	Applied Social Psychology	Theory	04
		GE	Industrial and organizational psychology	Theory	04
			Dissertation	Applied Project	06

NOTE- As per the suggestion of External expert committee in the semester 7th DCE paper school of psychology-1 has been replaced with psychiatric perspective of disaster trauma
 In the semester 8th DSC paper Research methodology-2 has been replaced with applied comprehensive program in psychological research.
 school of psychology-2 has been replaced with psychology of crowds

Masters in Psychology					
Fifth Year	IX	DSC	Fundamentals of Personality	Theory	03
		PRACTICAL	Lab Work/ Practical	Practical	01
		DSE	Psychology of Life Span development- I	Theory	04
		DSE	Psychopathology-I	Theory	04
		DSE	Fundamental of Clinical Psychology	Theory	04
		GE	Neuropsychology	Theory	04
		GE	Psychology of Guidance and Counseling	Theory	04
		APPLIED PROJECT	Internship	Applied Project	06
	X	DSC	Theories of Personality	Theory	03
		PRACTICAL	Lab Work/ Practical	Practical	01
		DSE	Psychology of Life Span development- II	Theory	04
		DSE	Psychopathology- II	Theory	04
		DSE	Psychotherapies	Theory	04
		GE	Forensic psychology	Theory	04
		GE	Consumer Psychology	Theory	04
		APPLIED PROJECT	Internship	Applied Project	06

NOTE- As per the suggestion of External expert committee in the masters of psychology program semester 9 GE paper organizational paper has been replaced with neuropsychology and semester 10th GE paper organizational communication has been replaced with forensic psychology